@ASK Training
Attitude | Skills | Knowledge

Balance Fee
UTAP
Claimable



DURATION

1 Day, 9.00am - 5.00pm
(inclusive of 1 hour lunch break)

COURSE DATES

https://asktraining.com.sg/course-schedule/

COURSE FEE

S$817.50 (inclusive of 9% GST)

Course Code: **ASKHSR**

High Impact Speed Reading – Read Fast, Learn Fast

COURSE SYNOPSIS

Information is growing rapidly and is projected to double every 5 years. However, biologically, our eyes are the same as our forefathers. How will we be able to keep up with the amount of information available?

In our course, High Impact Speed Reading – Read Fast, Learn Fast, we will teach you the fundamental techniques on how to improve your reading and processing speed so you can better process large amounts of information.

Within this 1-day workshop, participants will be taught the logic behind speed reading and different techniques they can employ to enhance their **Words Per Minute (WPM)**. Participants will also be taught **information assimilation tools** from **Tony Buzan's Mind Maps** to process the information read as well.

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COURSE OBJECTIVES

By the end of this course, you should be able to:

- Identify the common reading problems that slows down reading speed
- Apply simple reading techniques and strategies to increase their speed and comprehension
- Use Mind Maps as a speed information assimilation tool.

COURSE OUTLINE

Awareness & Assessment

- Initial Reading Speed
- Goals
- Habits
- Power Browse

The Eye

- Movement-Reality
- Guiding the Eyes
- The Four-Speed Technique

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COURSE OUTLINE

The Brain

- Standard Operating Procedure
- Association
- Comprehension

The Reading Environment

The Mind Map

Radiant Reading for Life & Learning

- Skimming Newspapers
- Scanning Reports
- Exploring Business Books