



@ASK Training
Attitude | Skills | Knowledge

The Five Behaviours of a Cohesive Team

Course Code:
ASK5BC

Course Duration:
2 days (16 hours),
9.00am - 5.00pm

Course Fee:
\$1100 (\$1199 Inc. 9% GST) per participant

Course Venue:
Hotel

Course Dates:
<https://asktraining.com.sg/course-schedule/>



Course Synopsis

There are teams in today's contemporary world which do not work at a desired level to deliver effective results for their organizations. The unproductive behaviours and inattentiveness to results in dysfunctional teams is often people led, with different assumptions, perceptions, interests and vulnerabilities.

This workshop will enable participants to understand the five components which lead to dysfunctions in teams; to recognize the warning signs of dysfunctions so steps can be taken to address issues identified; and to effectively manage the dysfunctions.

To aid the above, participants will learn about their individual team member behaviours (through "DISC" profiling) and understand how these impacts on the self and the team. Practical tools and techniques will also be given to enhance the overall effectiveness of managing dysfunctions within teams in their organizations.

This will allow team members to feel valued and thereby work cohesively and productively together to bring about the best results.

Course Objectives

By the end of the course, you would be able to:

- Learn about your own behavioural style
- Understand how teams become dysfunctional and relate it to the five dysfunctions of teams
- Apply strategies to manage each of the five dysfunctions, essential to build an engaging and productive, cohesive team
- Identify the reframing of blame and use a 3 step process to enable a better productive behaviour
- Apply a structured constructive approach to address common workplace scenarios

Course Outline

- Group Vs. Team and benefits of a cohesive team
- DISC Behavioural Styles
- Scoring of Current Team
- Dysfunctions of a Team
- Warning Signs
- Strategies for a high performing, cohesive team
- Crucial conversations for effective outcomes
- Working together as a team