



@ASK Training
Attitude | Skills | Knowledge

Even Eagles Need a Push

Course Code:

ASKEEP

Course Duration:

1 day (8 hours), 9.00am - 5.00pm

Course Fee:

\$600 (\$654 Inc. 9% GST) per participant

Course Venue:

Hotel

Course Dates:

<https://asktraining.com.sg/course-schedule/>



Course Synopsis

Eagles are known as the king of the birds, soaring higher than any other bird in the world. The eagle does not mix with other birds, preferring to fly straight and fast. Likewise, for us, would you rather be the chicken on the ground, or the eagle soaring through the sky?

In our course, *Even Eagles Need a Push*, inspired by the award-winning book by David McNally, we go into how you can drastically improve in life by learning from the eagle.

Course Objectives

By the end of the course, you would be able to:

- Discover that you bring special talents and abilities to your family, workplace and the world
- Find out your purpose in life
- Make a commitment to take action to achieve your goals in life and achieve your full potential

Course Outline

Self-Appreciation

- Understanding and Appreciation of Self
- Screening of DVD – A Peacock in the Land of Penguins & Discussion

Vision

- Preparing for the Future and Taking Charge of Your Life

Purpose

- Discovering the Purpose of Life – To Live, To Love, To Learn and to Leave a Lasting Legacy
- Understanding and Practising the 5 Love Languages
- Screening of “It’s So Simple” DVD & Discussion

Commitment

- Understanding the Difference between Interest & Commitment
- Screening of DVD – “In Search of Excellence – The Disney Story” and Discussion

Contribution

- Understanding the Need to Make a Difference in the Lives of Others