



@ASK Training
Attitude | Skills | Knowledge

Bringing Humour into the Workplace

Course Code:

ASKBHW

Course Duration:

1 day (8 hours), 9.00am - 5.00pm

Course Fee:

\$600 (\$654 Inc. 9% GST) per participant

Course Venue:

Hotel

Course Dates:

<https://asktraining.com.sg/course-schedule/>



Course Synopsis

An organisation's success is dependent on the people who make it - the staff. A motivated team will produce positive results and ultimately success. One of the ways to achieve this is using effective humour which lends positive effects.

A sense of humor is part of the art of leadership, of getting along with people, of getting things done." - Dwight D. Eisenhower

The amount or type of humor you'll find in any given workplace depends almost entirely on the culture.

"In workplaces that encourage people to be themselves--that are less hierarchical and more innovative--people tend to be more open with their humour.

Course Objectives

By the end of the course, you would be able to:

- How to use humour effectively
- How to confidently present your humour
- How to incorporate humour in the workplace

Course Outline

- What is Humour? The Psychological Benefits of Humour
- The Humour Model.
- The role of humour in a workplace
- Using humour effectively in different situations
- When Humour is appropriate and when it is not
- Happy Hour 9 to 5! Incorporating Humour into Workplace Culture
- How to use humour in presentations at work
- How to teach other people about the benefits of humour, so that they can embrace it as a productivity tool.