



**@ASK Training**  
Attitude | Skills | Knowledge

# Dynamic Communication and Collaboration with LEGO® Serious Play®

**Course Code:**  
ASKDCC

**Course Duration:**  
1 day, 9.00am - 5.00pm

**Course Fee:**  
\$650 (\$702 Inc. 8% GST) per participant

**Course Venue:**  
Hotel

**Course Dates:**  
<https://asktraining.com.sg/course-calendar/>



## Course Synopsis

*“You can learn more about a person in an hour of play than you can from a lifetime of conversation” by Plato*

The effectiveness of your communication can have many different effects in your life, amongst which:

- ✓ Managing your level of stress
- ✓ Improving your relationship with others
- ✓ Increasing your level of satisfaction with life
- ✓ Enhancing productivity
- ✓ Ability to meet your goals and achieve your dreams
- ✓ Ability to solve problems with others
- ✓ Make collaborative decisions when you do not have all the answers

Becoming a good communicator goes beyond just conversing with others. There are verbal and non-verbal cues that you have to be mindful of in order to emotionally connect with others. Too many times in teams and organizations, communication breakdown occurs owing to clashes of ego, biases of opinion and lack of mindfulness.

The good news is that you can enhance communication and collaboration by engaging in tactile skills that stimulates interest in others. It is not just about hearing or listening, it is also what you see and do in communication that counts as well. The key to dynamic communication is giving attention to what others say and what you are saying to others. A candid way to achieve this is to enhance your communication and collaboration skills using Lego® Seriousplay® [LSP]. Engaging in LSP gives you the opportunity to help keep your attention focus when you are communicating. With LSP you can essentially assist in levelling up relationships within teams and organizations as it allows you to:

- ✓ Discover new things about yourself and that of your team
- ✓ Build empathy among team members
- ✓ Gain a better understanding of the bigger picture
- ✓ Tackle challenging situations and conflicts head-on
- ✓ Rapidly build consensus
- ✓ Engage collaboratively to work on shared goals and values

## Course Objectives

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Upon successful completion of the course, participants will be able to:

- Understand the neuroscience of communication
- Know why communication breakdown
- Appreciate the relevance of dynamic communication to collaboration
- How LSP helps in creating flow in communication
- Apply LSP to build collaboration
- Build LEGO model to demonstrate empathy in communication
- Create value and action through communication using LSP
- Engage stakeholders effectively
- Develop shared vision through effective communication

## Course Outlines

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### Module 1: What am I hearing? Neuroscience of communication and why it matters?

- How the brain processes verbal and nonverbal communication
- Understand the auditory, visual and tactile nature of communication
- What to do when the brain disengages during conversations
- Interactive discussion

### Module 2: It is not what you say but how you say it! Content vs Context

- Why communication breakdown and how to prevent this
- What are you saying versus what they want to hear
- How to empathize with your listeners when communicating
- Video presentation followed by group discussion

### Module 3: Show me what you are saying! Using LSP in getting your message across

- Build a model of what you want to say
- How LSP allows you to emotionally connect with others
- The art of silent communication through spatial orientation
- Role play with LSP

### Module 4: Let's build bridges, not walls. Collaborating with LSP

- How storytelling improves collaboration
- Collaborating with LSP – what's your story?
- Interactive activity with LSP

### Module 5: Building consensus – one brick at a time. Way forward in dynamic communication and collaboration

- Use LSP to demonstrate consensus
- A tactile approach to making collaborative decision
- Keeping the vision alive – strengthening communication everyday
- Action plan to apply after workshop

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