



@ASK Training
Attitude | Skills | Knowledge

Happy Employees Work Better

Course Code:

ASKHWB

Course Duration:

2 days (16 hours), 9.00am - 5.00pm

Course Fee:

\$1100 (\$1188 Inc. 8% GST) per participant

Course Venue:

Hotel

Course Dates:

<https://asktraining.com.sg/course-calendar/>



Course Synopsis

Numerous studies on workplace happiness have shown that happy employees are 2 times more productive and they are likely to stay in their jobs 5 times longer than unhappy employees. They are 6 times more energized and they are likely to take 10 times less medical leaves than their unhappy colleagues.

Happier workers also tend to help their colleagues 33% more than their least happy colleagues. They are 36% more motivated and are likely to achieve their goals 31% more than unhappy employees.

Making employees happy becomes a necessity rather than an exception in a disruptive economy.

Organizations need to adopt a holistic approach in aligning and internalizing its purpose, people, practices and culture to nurture a happier workplace.

Course Objectives

By the end of the course, you would be able:

- Appreciate the benefits of happy employees
- Apply the workplace happiness framework to cultivate a happy workforce
- Relate happiness DNA to workplace happiness
- Nurture a culture to sustain workplace happiness

Course Outline

- Importance of workplace happiness
- The Workplace happiness framework
- Happy purpose – building a sense of purpose
- Happy people - nurturing the Happiness DNA
- Happy practices - keeping employees happy
- Happy culture – sustaining a happy workforce



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