



@ASK Training
Attitude | Skills | Knowledge

Attitude – Your Most Priceless Possession

Course Code:

ASKAPP

Course Duration:

2 days (16 hours), 9.00am - 5.00pm

Course Fee:

\$1100 (\$1188 Inc. 8% GST) per participant

Course Venue:

Hotel

Course Dates:

<https://asktraining.com.sg/course-calendar/>



Course Synopsis

In life, having the right attitude is essential to reach our goals. Failing to change a detrimental attitude can have serious consequences on our motivation both in life and at work. In our course, Attitude – Your Most Priceless Possession, we will teach you how to change your attitude for the better.

Learn how you can change your perceptions and develop a positive attitude in the face of challenging situations!

Course Objectives

By the end of the course, you would be able:

- Discuss the impact of attitude on your life
- Accept the importance of a positive outlook towards people, situations, decisions, etc.
- Manage your attitude for greater personal and organisational effectiveness
- Work out an action plan to reinforce the positive side of yourself

Course Outline

- The psychology of attitude
 - Attitude towards Self
 - Attitude towards Others
 - Attitude towards Work
 - Attitude towards Customers
- The dynamics of attitudes
- How to cope with bad attitudes
- The power of positive attitudes
- How to develop positive attitudes