

West Branch - Headquarter
(next to Jurong East Bus Interchange & MRT Station, EW Line)
8 Jurong Town Hall Road
#27-01 The JTC Summit
Singapore 609434

East Branch
(next to Mountbatten MRT Station)
229 Mountbatten Road
#03-43 Mountbatten Square
Singapore 398007

@ASK Training Pte Ltd
Co. Reg. No. : 201016621D
GST Reg. No. : 201016621D



Soft Skills - Management Skills

Course Title	HRP	SFC Claimable	No. of Day(s)	Course Fee (Inc. GST)	Course Code	Location	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22
Applying Three Kingdom Strategies in Your Organization NEW !	Yes	No	3	\$1,926.00	ASK3KS	Hotel	14-16			06-08			19-21			12-14
						HBL					18-20			17-19		
Be Kiasu, Be Creative and Effective in Problem Solving	Yes	No	1	\$513.60	ASKBKS	Hotel	07			07			08			06
Brainpower - Discovering and Developing Our Mental Skills	Yes	No	2	\$1,027.20	ASKBDD	Hotel	03-04			16-17			01-02			15-16
Bring Humour into the Workplace NEW !	Yes	No	1	\$513.60	ASKBHW	Hotel	08		09		07		13		03	
Dealing with Difficult People at Work	Yes	No	1	\$513.60	ASKDDP	Hotel			13			12			11	
Effective Brain Smart Skills for the Workplace	Yes	No	2	\$1,027.20	ASKEBS	Hotel		21-22			21-22			13-14		
Empathy: Harnessing The Power of Connection at Workplace	Yes	No	2	\$1,016.50	ASKEPC	Hotel			10-11				15-16			
Happy Employees Work Better (Happiness Helps an Organization Increase Productivity) NEW !	Yes	No	2	\$1,070.00	ASKHWB	Hotel			19 - 20			24 - 25			23 - 24	
Let's Get Your Anger Right! (Anger Management: Understanding Anger-Yours and Others)	Yes	No	1	\$513.60	ASKGAR	Hotel	10				04				09	
People Centered Leadership - Motivating, Inspiring and Engaging others NEW !	Yes	No	1	\$513.60	ASKMIE	Hotel		28			21			20		
Problem Solving with Python Coding	Yes	No	2	\$856.00	ASKCTC	Hotel	14-15				21-22				14-15	
Resilience at Work: Turning Stressful Situations into Your Advantage	Yes	No	2	\$1,016.50	ASKRWP	Hotel		11-12		20-21		22-23		10-11		05-06
Strategies for Persuasive Negotiation NEW !	Yes	No	1	\$513.60	ASKSPN	Hotel			12			16			30	
The Five Behaviours of a Cohesive Team NEW !	Yes	No	2	\$1,070.00	ASK5BC	Hotel		18-19			19-20			03-04		
The 5-Steps of Design Thinking NEW !	Yes	No	2	\$1,027.20	ASKSDT	Hotel	07-08			09-10			22-23			22-23
Three Kingdoms' Leaderships in Today's Context	Yes	No	2	\$1,284.00	ASK3KL	Hotel			23-24			15-16			21-22	
						HBL				06-07			12-13			19-20
Working Relationships with Multi-Generational People	Yes	No	1	\$513.60	ASKMGC	Hotel	11			03			02			02



Soft Skills - Personal Development Skills

Course Title	HRP	SFC Claimable	No. of Day(s)	Course Fee (Inc. GST)	Course Code	Location	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22
Conquer Procrastination Using Aikido Principles	Yes	No	1	\$513.60	ASKCPA	Hotel	07				18				07	
Coping With Uncertainty and Change At Your Workplace	Yes	No	1	\$513.60	ASKCWC	Hotel	18			07			06			01
Create Your Personal Brand NEW !	Yes	No	1	\$513.60	ASKCPB	Hotel			20			26			11	
Critical Thinking for Division 2 & 3 Officers	Yes	No	1	\$513.60	ASKCTH	Hotel			12			11			03	
Cultivate Highly Productive Habits NEW !	Yes	No	1	\$513.60	ASKCHP	Hotel				20			26			12
Discovering the Happiness DNA in You	Yes	No	1	\$513.60	ASKDHD	Hotel		22		24		26		21		09
Effective Relaxation Techniques	Yes	No	1	\$513.60	ASKERT	Hotel			31			17			02	
Enhance Your Memory	Yes	No	1	\$513.60	ASKEYM	Hotel			13			12			04	
Ergonomics at the Workplace	Yes	No	1	\$374.50	ASKEWP	JTC Summit	09				13					13
Happier Career, Happier Life	Yes	No	1	\$513.60	ASKHHL	Hotel	25		18		22		23		25	
Introduction to Systems Thinking NEW !	Yes	No	1	\$513.60	ASKIST	Hotel	18			08			21			21
Live to Work or Work to Live?	Yes	No	1	\$513.60	ASKLTW	Hotel	25				29				11	
Managing Stress and Achieving Wellness	Yes	No	1	\$513.60	ASKSAW	Hotel		06			12			06		
Outwit Your Obstacles	Yes	No	1	\$513.60	ASKOYO	Hotel		18		15		10		06		08
Stop Burning-Out and Start Settling with Passion (Job Burn-Out)	Yes	No	1	\$513.60	ASKSSP	Hotel				16				03		
Unleash Your Creativity in Work and Life NEW !	Yes	No	1	\$513.60	ASKCWF	Hotel			13		15			14		02
Unlock Your Self-Confidence NEW !	Yes	No	1	\$513.60	ASKUSC	Hotel	23		18		27		14		09	
Wisdom in Using Time and Achieving Goals	Yes	No	1	\$513.60	ASKWUT	Hotel		08			01			28		
Work-Life Balance	Yes	No	1	\$513.60	ASKWLB	Hotel	08			17			05			19

Soft Skills - Motivational

Course Title	HRP	SFC Claimable	No. of Day(s)	Course Fee (Inc. GST)	Course Code	Location	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22
Attitude - Your Most Priceless Possession for Senior Officers	Yes	No	2	\$1,027.20	ASKAPP	Hotel			25-26				21-22			
Birds of Different Feathers Can Flock Together	Yes	No	1	\$513.60	ASKBDF	Hotel				08				12		
Even Eagles Need a Push	Yes	No	1	\$513.60	ASKEEP	Hotel			04			03				05
H.E.A.R.T. @ Work	Yes	No	1	\$513.60	ASKHAW	Hotel	09			10			26			15
Influence Others with Your Stories! NEW !	Yes	No	1	\$513.60	ASKIUS	Hotel	09		10		26		16		22	
The 7-Ups to Personal Effectiveness	Yes	No	1	\$513.60	ASK7UP	Hotel		14			13			13		



Soft Skills - Personal Finance																
Course Title	HRP	SFC Claimable	No. of Day(s)	Course Fee (Inc. GST)	Course Code	Location	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22
Beat Your Bankers Confidently NEW !	Yes	No	2	\$1,070.00	ASKBYB	Hotel					20-21			12-13		07-08
Build Your Financial Knowledge NEW !	Yes	No	2	\$856.00	ASKBFK	Hotel				16-17				20-21		
Investing for Life	Yes	No	2	\$941.60	ASKVFL	Hotel				23-24				20-21		
Learned from Warren Buffett's Investing Approach	Yes	No	1	\$513.60	ASKWBA	Hotel	18			17			09			02
Practical Strategies for Investment	Yes	No	2	\$941.60	ASKPSV	Hotel			26-27					27-28		
Smart Money Moves to Secure Your Financial Future	Yes	No	1	\$513.60	ASKRAW	Hotel			20				02			

Soft Skills - Communication Skills																
Course Title	HRP	SFC Claimable	No. of Day(s)	Course Fee (Inc. GST)	Course Code	Location	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22
Better Spoken English for Div 2 and 3 Officers	Yes	No	2	\$941.60	ASKBSE	Hotel	03-04			22-23			08-09			12-13
Colored Brain: Gateway to Improving Communication Skills at the Workplace	Yes	No	1	\$513.60	ASKCRC	Hotel				03				14		
Crisis Management and Communication NEW !	Yes	No	1	\$513.60	ASKCMC	Hotel					26			18		
Effective Writing Skills	Yes	Yes	2	\$529.65	ASKEWS	JTC Summit			09-10			04-05			17-18	
Email Writing at Workplace	Yes	Yes	1	\$299.60	ASKEWW	JTC Summit	16			29			05			02
Grammar for Effective Business Communication	Yes	No	1	\$321.00	ASKGEC	JTC Summit	17		18		06		02		16	
High Impact Speed Reading - Read Fast, Learn Fast	Yes	No	1	\$513.60	ASKHSR	Hotel	25			24			16			14
Keys to Instant Rapport – Effective Communication for Better Working Relationships	Yes	No	1	\$513.60	ASKKNR	Hotel		27		09		12		26		21
Master Your Message with Powerful Body Language	Yes	No	1	\$513.60	ASKMBL	Hotel	25			28			30			02
Persuasive Communication for Leaders NEW !	Yes	No	1	\$513.60	ASKPCL	Hotel					14					08
Report Writing	Yes	Yes	2	\$529.65	ASKRPW	JTC Summit				09-10				06-07		
Speaking and Presenting with Confidence NEW !	Yes	No	1	\$513.60	ASKSPC	Hotel	09			09		04			08	
Winning Relationships with the 5 Love Languages @Workplace	Yes	No	1	\$513.60	ASK5LL	Hotel		07		16		25		20		22
Women Are Always Right and Men Are Never Wrong @Workplace (Understanding Gender Differences)	Yes	No	1	\$513.60	ASKWMW	Hotel	30		12		21		07		23	
Write Minutes of Meeting	Yes	Yes	2	\$529.65	ASKWRM	JTC Summit		07-08			14-15			13-14		

* For some of the Soft Skills courses in Hotel or JTC Summit, we conduct Hybrid training by combining Home-based learners with our onsite participants.